Stage 1 Records

Male

Position	Time	Name	Club	Year
1	01:14:00	DAVIS Mike	Stroud & District AC	1999
2	01:14:10	WOODS Guy	Team Bath AC	1995
3	01:14:35	HALLETT Clive	Bristol Orienteering Club	1995
4	01:15:04	RAY Tim	Wells City Harriers	1995
5	01:15:09	JONES Owain	Bristol and West AC	2022
6	01:15:16	STOPFORD Lee	Stroud & District AC	2023
7	01:15:26	JONES Owain	Bristol and West AC	2021
8	01:15:37	STOPFORD Lee	Stroud AC	2024
9	01:15:53	ROPER Dave	Cheltenham & County Harriers	2010
10	01:15:58	ROPER Dave	Cheltenham & County Harriers	2014

Female

Position	Time	Name	Club	Year
1	01:26:00	GRANGER Annabel	Bristol & West AC	2018
2	01:26:17	HALLISAY Claire	Bristol & West AC	2015
3	01:27:36	YOUNG Katie	BADdocs	2023
4	**01:27:44**	**TREDGETT Alice**	**Severn AC**	**2026**
5	01:28:32	SANZO Jessie	Bristol & West AC	2019
6	**01:28:56**	**SANZO Jessie**	**Bristol & West AC**	**2026**
7	01:29:16	SANZO Jessie	Bristol and West AC	2024
8	01:29:43	FRITH Nicole	Cheltenham & County Harriers	2024
9	01:29:45	PARK Tara	Cheltenham & County Harriers	2003
10	01:29:53	KENT Laura	Cheltenham & County Harriers	2006

Stage 2 Records

Male

Position	Time	Name	Club	Year
1	01:15:44	JONES Owain	Bristol & West AC	2019
2	01:18:22	MOTT Oli	Cheltenham & County Harriers	2018
3	01:19:57	BAILEY Anthony	Cheltenham & County Harriers	2016
4	**01:19:59**	**COYLE Nic**	**Stroud AC**	**2026**
5	01:20:06	JONES Dan	Team Bath AC	2016
6	01:20:48	HAYDAY Rob	Corsham Running Club	2000
7	01:21:16	MILLWARD Steve	Gloucester AC	2011
8	01:21:40	DAVIS Mike	Stroud & District AC	1995
9	01:21:52	COYLE Nic	Stroud AC	2025
10	01:21:56	JONES Dan	Team Bath AC	2014

Female

Position	Time	Name	Club	Year
1	01:28:25	KENT Laura	Cheltenham & County Harriers	2008
2	01:28:51	GRANGER Annabel	Bristol & West AC	2013
3	01:32:26	ENTWISTLE Katrina	Bristol and West AC	2022
4	01:32:50	CROMBIE-HICKS SHONA	Tewkesbury Running Club	2019
5	01:33:02	RICHENS Lucy	Westbury Harriers	2014
6	01:33:04	KENCHINGTON Anne	Malvern Buzzards	2023
7	01:33:17	GITTOES Marianne	Chepstow Harriers AC	2010
8	01:33:22	CRAMP Fiona	Bitton Road Runners	2013
9	01:33:30	KENT Laura	Cheltenham & County Harriers	2007
10	01:35:07	THOMPSON Jo	Team Bath AC	2010

Stage 3- 2023 and earlier (2024 and 2025 stages of unusual length -no records apply) Records

Male

Position	Time	Name	Club	Year
1	00:53:18	TOWLER Mike	Avon Valley Runners	2019
2	00:54:27	BIALOGONSKI Maciej	Bristol and West AC	2022
3	00:54:37	MILLWARD Steve	Gloucester AC	2013
4	00:55:26	WITHEY Matt	Stroud & District AC	2010
5	00:55:51	BANCROFT Jack	Wells City Harriers	2015
6	00:56:08	JONES Andy	Cheltenham & County Harriers	2019
7	00:56:11	DIXON Josh	Stroud & District AC	2018
8	00:56:26	MUNDINANO Miguel	Cheltenham & County Harriers	2013
9	00:56:37	LANDON Guy	Team Bath AC	2015
10	00:56:49	DANIEL Aidan	Team Bath AC	2021

Female

Position	Time	Name	Club	Year
1	01:01:32	ENTWISTLE Katrina	Bristol and West AC	2023
2	01:01:40	EATON Naomi	Stroud & District AC	2016
3	01:02:02	MOTT Hilary	Cheltenham & County Harriers	2018
4	01:02:09	WOOD Georgia	Team Bath AC	2011
5	01:02:49	EATON Naomi	Stroud & District AC	2014
6	01:03:23	GITTOES Marianne	Chepstow Harriers AC	2009
7	01:03:33	MATTHEWS Keith	Chepstow Harriers AC	2014
8	01:03:36	SPRUIT Freya	Team Bath AC	2023
9	01:03:48	BLACKMORE Fiona	Bitton Road Runners	2014
10	01:04:10	NIXON Anne	U/A	2004

Stage 3 Records

Male

Position	Time	Name	Club	Year
1	01:25:53	STOPFORD Lee	Stroud AC	2026
2	01:29:28	HACKETT Peter	Team Bath AC	2026
3	01:33:07	BELL Jamie	Cheltenham & County Harriers	2026
4	01:34:53	ANDERSON Aled	Bristol & West AC	2026
5	01:36:02	SAMMON Pete	UHBW	2026
6	01:37:05	SWINN Tim	Upper Knowle Joggers	2026
7	01:37:44	WILLIS Aaron	Cirencester AC	2026
8	01:37:52	BATCHELOR Tim	Chepstow Harriers	2026
9	01:42:39	BUTLER Andrew	Halesowen Athletics and Cycling Club	2026
10	01:43:20	EVANS Matthew	Clevedon AC	2026

Female

Position	Time	Name	Club	Year
1	01:44:55	WALLACE Annabelle	Team Bath AC	2026
2	01:53:06	GARD Elaina	Bristol & West AC	2026
3	01:55:07	FREEMAN Amy	Forest of Dean Athletic Club	2026
4	01:57:15	SMITH Leanne	Winchester Running Club	2026
5	01:59:45	TARRING Eleanor	U/A	2026
6	02:00:37	GREER Ruth	BADdocs	2026
7	02:02:06	VYMETALOVA Petra	Cheltenham & County Harriers	2026
8	02:03:44	HAYWARD Storm	Bath Amphibians Triathlon Club	2026
9	02:04:31	MIDGLEY Anna	Gloucester Athletic Club	2026
10	02:08:21	TRUMAN Tara	Dursley Running Club	2026

Stage 4- 2023 and earlier (2024 2025 and 2026 stages of unusual lengths - no records apply) Records

Male

Position	Time	Name	Club	Year
1	01:16:33	JONES Owain	Bristol & West AC	2018
2	01:17:37	HUGHES Garry	Stroud & District AC	2015
3	01:18:20	DAVIS Mike	Stroud & District AC	1998
4	01:18:57	STOPFORD Lee	Stroud & District AC	2022
5	01:19:25	ROPER Dave	Cheltenham & County Harriers	2016
6	01:19:55	BENNETT Andy	Chippenham Harriers	2002
7	01:19:55	GORE Andy	Cheltenham & County Harriers	2002
8	01:20:14	BRADLEY Jeremy	Cheltenham & County Harriers	2011
9	01:20:32	MORLEY Ben	Great Western Runners	2011
10	01:20:55	OGILVY Dean	Reading Road Runners	1998

Female

Position	Time	Name	Club	Year
1	01:24:51	WILLIAMS Phillipa	Bristol and West AC	2021
2	01:30:01	TUCKER Zoe	Bitton Road Runners	2005
3	01:30:51	GOODHEAD Kate	Bristol & West AC	2013
4	01:32:00	MONAHAN Sian	Bristol & West AC	2006
5	01:32:02	PROSSER Clare	Wells City Harriers	2015
6	01:32:40	PROSSER Clare	Wells City Harriers	2013
7	01:34:27	MONAHAN Sian	U/A	2004
8	01:34:35	FRITH Nicole	Cheltenham & County Harriers	2022
9	01:34:49	JACKSON Robyn	Dursley & District AC	2018
10	01:35:10	FELL Heather	Team Bath AC	2022

Stage 5- 2023 and earlier Records

Male

Position	Time	Name	Club	Year
1	01:10:17	HUGHES Garry	Dursley & District AC	2008
2	01:10:40	BROMHALL Clive	Thornbury Running Club	2007
3	01:10:57	TOWLER Michael	Avon Valley Runners	2018
4	01:11:11	ROBINSON Dan	Stround & District AC	2011
5	01:11:28	DALGLEISH Joe	Stround & District AC	2012
6	01:11:56	FISHER Tom	Avon Valley Runners	2011
7	01:12:22	WOODS Alec	Team Bath AC	1999
8	01:13:05	WOODS Alec	Bristol & West AC	2006
9	01:13:26	BROMHALL Clive	Thornbury Running Club	2008
10	01:14:12	MORLEY Ben	Great Western Runners	2009

Female

Position	Time	Name	Club	Year
1	01:22:16	NEWCOMBE Kim	Stroud & District AC	2023
2	01:24:13	SADLER Angie	Cheltenham & County Harriers	2004
3	01:24:19	NEWCOMBE Kimberley	Stroud & District AC	2022
4	01:24:31	JONES Wendy	Cirencester AC	2005
5	01:24:52	CROMBIE-HICKS Shona	Tewkesbury Running Club	2018
6	01:25:05	SADLER Angie	Cheltenham & County Harriers	2003
7	01:25:38	BELYAVIN Julia	Bristol & West AC	2016
8	01:25:39	COLLIER Gemma	Gloucester Athletic Club	2021
9	01:26:00	EATON Naomi	Western Tempo	2021
10	01:26:02	PORTER Lynette	Bitton Road Runners	2014

Stage 5 Records

Male

Position	Time	Name	Club	Year
1	00:57:49	STEWART Alex	Bristol & West AC	2026
2	00:57:56	TWILLEY Ra	Stroud AC	2026
3	00:58:25	WOOD Martin	Stroud AC	2025
4	00:58:35	JONES Dan	Team Bath AC	2026
5	01:00:16	FOOKS Andy	Team Bath AC	2026
6	01:00:24	ELSWORTHY Richard	Clc striders	2025
7	01:01:42	GUILOR Simon	Severn AC	2025
8	01:03:54	BARKER Phil	Bitton Road Runners	2025
9	01:04:41	WHITE James	Cirencester AC	2025
10	01:06:02	LANDON Guy	Team Bath AC	2025

Female

Position	Time	Name	Club	Year
1	01:06:27	FRITH Nicole	Cheltenham & County Harriers	2025
2	01:09:20	SPRUIT Freya	Team Bath AC	2025
3	01:09:51	CHANDLER Emily	Stroud AC	2025
4	01:12:38	LEE Michelle	Forest of Dean Athletic Club	2026
5	01:13:02	MARTIN Kristy	Severn AC	2026
6	01:13:08	TROW Storm	Cirencester AC	2025
7	01:13:24	BELL Scarlett	CLC Striders	2026
8	01:14:01	MORGAN Niki	Chepstow Harriers	2026
9	01:14:24	MORGAN Niki	Chepstow Harriers	2025
10	01:15:23	VYMETALOVA Petra	Cheltenham & County Harriers	2025

Stage 6 Records

Male

Position	Time	Name	Club	Year
1	00:56:26	BANCROFT Jack	Wells City Harriers	2016
2	00:57:01	TOWLER Michael	Avon Valley Runners	2016
3	00:57:26	PRITCHARD Oliver	Cirencester AC	2022
4	00:59:00	HUGHES Garry	Dursley & District AC	2004
5	00:59:10	MOTT Oli	Cheltenham & County Harriers	2016
6	00:59:54	ANDERSON Dan	Dursley & District AC	2018
7	01:00:52	TWILLEY Ra	Stroud AC	2025
8	01:00:58	BIALOGONSKI Maciej	Bristol & West AC	2019
9	01:01:04	BANCROFT Jack	Wells City Harriers	2014
10	01:01:05	KAIGHIN Andrew	Cheltenham & County Harriers	2011

Female

Position	Time	Name	Club	Year
1	01:07:18	FELTON Rachel	Stroud & District AC	2012
2	01:08:45	BROWN Helen	Forest of Dean AC	2015
3	01:09:29	ENTWISTLE Katrina	Bristol and West AC	2021
4	01:09:36	BARRY Liza	CLC Striders	2015
5	01:09:48	FRITH Nicole	Cheltenham & County Harriers	2023
6	01:10:04	LEE Catherine	Westbury Harriers	2014
7	01:10:18	TURNBULL Jessica	Stroud & District AC	2002
8	01:10:32	HAWLING Beth	Cheltenham & County Harriers	2021
9	01:10:49	STEIN Liz	Stroud & District AC	2003
10	01:11:15	JOHNSON Sally	Town & County Harriers	2013

Stage 7 Records

Male

Position	Time	Name	Club	Year
1	00:45:51	HUGHES Garry	Dursley & District AC	2011
2	00:47:34	TOWLER Michael	Avon Valley Runners	2015
3	00:48:08	SPEAKE Wayne	Wells City Harriers	2002
4	**00:48:37**	**MCMURTRIE Harry**	**Team Bath AC**	**2026**
5	00:50:19	DANIEL Aidan	Team Bath AC	2023
6	00:50:19	DANIEL Aidan	Team Bath AC	2023
7	00:50:26	DAVIS Graeme	Stroud & District AC	2006
8	00:50:40	MAXWELL Chris	Chippenham Harriers	2011
9	00:50:42	HARDING Graham	Town & Country Harriers	2011
10	00:50:42	DUXBURY Mike	Town & Country Harriers	2002

Female

Position	Time	Name	Club	Year
1	00:52:08	ROBERTSON Iona	Headington Road Runners	2002
2	00:52:33	FINES Helen	Bristol & West AC	2009
3	00:53:51	MEARES Liz	Stroud & District AC	2000
4	00:54:00	WASIKA Caitlin	Team Bath AC	2023
5	00:54:42	WASSELL Jane	Chippenham Harriers	2002
6	00:54:46	SVANE Katrine	Team Bath AC	2015
7	00:54:54	HARGRAVES Gemma	Almost Athletes	2016
8	00:55:30	TURNBULL Jessica	Cheltenham & County Harriers	2003
9	00:55:32	SVANE Katrine	Team Bath AC	2016
10	00:56:05	WASSELL Jane	Stroud & District AC	2012

Stage 8 Records

Male

Position	Time	Name	Club	Year
1	01:14:27	JONES Owain	Bristol & West AC	2016
2	01:15:15	HUGHES Garry	Dursley & District AC	2006
3	01:18:46	NOCK Bill	Halesowen A&CC	2005
4	01:18:48	LOWE Tom	Cheltenham & County Harriers	2014
5	01:19:48	DANIEL Aidan	Team Bath AC	2025
6	01:19:58	HEWITT Mathew	Chippenham Harriers	1997
7	01:20:11	O'DOHERTY Mick	Bristol & West AC	2006
8	01:20:15	NOCK Bill	Halesowen A&CC	2006
9	01:20:23	LEANEY Stuart	Chippenham Harriers	2013
10	01:20:39	NOCK Bill	Halesowen A&CC	2008

Female

Position	Time	Name	Club	Year
1	01:28:17	GRANGER Annabel	U/A	2004
2	01:29:13	MOORE Jenny	Wells City Harriers	2009
3	01:29:37	SEARLE Robin	Bitton Road Runners	2022
4	01:29:43	COOK Cathy	Cirencester AC	2005
5	01:31:10	TURNBULL Jessica	Cheltenham & County Harriers	2005
6	01:31:25	SAMZO Jessie	Bristol & West AC	2018
7	01:31:28	REID Lauren	Great Western Runners	2021
8	01:32:04	MCGREGOR Laura	Avon Valley Runners	2015
9	01:33:04	MARCHANT Zina	Team Bath AC	1999
10	01:33:24	MOORE Jenny	Wells City Harriers	2010

Stage 9 Records

Male

Position	Time	Name	Club	Year
1	00:56:14	BROMHALL Clive	Bristol & West AC	2006
2	00:58:05	BROOKE Tom	Team Bath AC	2025
3	00:58:18	TOWLER Michael	Avon Valley Runners	2014
4	01:00:15	TOWLER Michael	Avon Valley Runners	2011
5	01:00:20	BLORE James	Chepstow Harriers	2021
6	01:00:23	PERRY Dominic	Team Bath AC	2026
7	01:00:25	BRACKLEY Ross	Cheltenham & County Harriers	2016
8	01:00:27	ROSE Steve	Team Bath AC	2011
9	01:00:39	GLYNN Brian	Team Bath AC	2023
10	01:00:56	BEAZER Geoff	Bitton Road Runners	1999

Female

Position	Time	Name	Club	Year
1	01:04:07	RUSH Holly	Team Bath AC	2005
2	01:05:07	NEWCOMBE Kimberley	Stroud AC	2026
3	01:07:46	NEWING Lisa	Bitton Road Runners	2006
4	01:07:48	GOLDING Robyn	Westbury Harriers	2010
5	01:08:05	MCALEESE Caroline	Bristol and West AC	2023
6	01:08:26	WINTER Hayley	Gloucester AC	2013
7	01:08:28	SPENCE Jo	Yeovil Town RRC	1999
8	01:09:16	DOBBS Georgie	Chepstow Harriers	2026
9	01:09:44	NEWING Lisa	Bitton Road Runners	2005
10	01:09:44	WALLACE Annabelle	Team Bath AC	2024

Stage 10 Records

Male

Position	Time	Name	Club	Year
1	00:59:31	JAMES Lester	Team Bath AC	2026
2	00:59:50	TOWLER Michael	Avon Valley Runners	2012
3	01:00:36	JAMES Lester	Team Bath AC	2025
4	01:00:51	URQUHART Niall	Bath Amphibians Triathlon Club	2000
5	01:00:53	O'DOHERTY Mick	Westbury Harriers	2003
6	01:01:03	WOODS Guy	Team Bath AC	2004
7	01:01:14	SHEFFIELD Allister	Team Bath AC	2011
8	01:01:15	BLEWITT Dan	Town & Country Harriers	2000
9	01:01:35	PENNY Brian	Team Bath AC	2008
10	01:01:40	SHEFFIELD Allister	Team Bath AC	2010

Female

Position	Time	Name	Club	Year
1	01:05:12	LINDSAY Amanda	Team Bath AC	1999
2	01:05:27	RUSH Holly	Team Bath AC	2007
3	01:06:36	RUSH Holly	Team Bath AC	2014
4	01:06:44	BREWER Jo	Cheltenham & County Harriers	2006
5	01:06:44	RUSH Holly	Team Bath AC	2013
6	01:07:20	FINES Helen	Forest of Dean AC	2003
7	01:08:18	FINES Helen	Forest of Dean AC	2005
8	01:08:34	FiNES Helen	Bristol & West AC	2006
9	01:09:06	PARSONAGE Laura	Team Bath AC	2025
10	01:09:37	NICHOLLS Wendy	Cirencester AC	2015